

Making Diabetes Management Fun

START

You didn't check your blood glucose before a meal - go back 4 spaces

You have forgotten to eat breakfast - miss a turn

Go to the Ketone Action Guide

Wait here until you get a five

throw again

Your blood ketone reading is between 0.6 - 1.5 mmol/L - go straight to FINISH

Go to the Xceed Non-Interference Foil Strips

Download your Xceed data onto CoPilot

You are feeling sick - monitor your blood sugar levels and blood ketones with Xceed - move forward 3 spaces

Go down the big BLUE snake

Testing blood ketones helps you manage your Diabetes better - move forward 1 space

You have become dehydrated - go back 3 spaces

Your blood ketone reading is above 1.5 mmol/L - miss a turn

Your blood ketone reading is normal - go forward 2 spaces

You have run out of blood glucose test strips - go back 4 spaces

Go to your ADEA Sick Management Guide

Go up the RED ladder

You have been to see your Diabetes Educator - THROW AGAIN

go up the WHITE ladder

Go to the blood ketone strips

You check your blood ketone levels & blood glucose with Xceed - THROW AGAIN

Go to the blood glucose meter

FINISH

25338